

5KM - 10KM - 21KM

Incorporate with AGN 5k Championships

3 MAY 2025



www.hokahalf.co.za

# Join us for the HOKA HALF!

Experience Pretoria's most electrifying runfest, featuring live DJs, in-race entertainment, and a vibrant race village. Whether you're aiming for a personal best or a fun day out, this event promises excitement for runners and spectators alike.



PRETORIA



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# RULES & GENERAL INFORMATION

## **ALL ATHLETES**

- 1. The time limits for all events will apply as stipulated under race information.
- 2. All entrants must be amateurs as defined under ASA rules and according to the age restrictions as stipulated under Race Information.
- 3. Marshals and traffic officials must be obeyed at all times. Failure to comply with their instructions will lead to immediate disqualification.
- 4. No seconding or vehicles on routes will be allowed.
- 5. Sufficient refreshment stations will be provided on routes.
- 6. All entrants will participate under the rules of AGN and ASA, and the athlete must familiarise themselves with the rules.
- 7. Each athlete's responsibility is to ensure they are medically fit and healthy to participate in any events.
- 8. The race committee reserves the right to accept or reject any entry. The judge's decision is final.
- 9. Proof of age for prize winners is required and must be presented to referees before prize giving. Prizes will be withheld until confirmed.
- 10. Athletes must wear clearly visible official numeric age category ID tags and "W" tags for walkers on the front and back of the running vest.
- 11. Regret that no mechanically operated device or blade, cyclist, pram, or wheelchair is permitted to participate in the races.
- 12. No animals are allowed in the races.
- 13. No iPods or listening devices are allowed.
- 14. Temporarily licensed athletes are eligible for open, and category prizes provided the age category tag is clearly visible on the back and front of the running vest.
- 15. Objections must be lodged in writing within 30 minutes, before or after the prize giving, to the chief referee, accompanied by R300.00, which is refundable if the appeal is upheld.
- 16. Blatant running by walkers will lead to immediate disqualification.
- 17. Walkers competing for the prize money should not cover their knees because it will lead to disqualification.

# RULES & GENERAL INFORMATION

## LICENSED ATHLETES

- 1. All entrants for the 10km and 21,1km events must have a valid 2025 license number, which must be worn on the front and back of the running vest. The race number issued by the organisers must be worn on the front of the running vest without obscuring the sponsor's detail on the license number.
- 2.5km Championships only AGN Licenced Number athletes. (Domicile Rules)
- 3. According to Circular 41 of ASA 2025.
- 2025 licenses are valid for both permanent and temporary licenses.

### UNLICENSED ATHLETES

Unlicensed 21,1km and 10km athletes must purchase a temporary license number. The temporary license for 2025 is R70. Athletes must wear this number on the back of the running vest and the race number issued by the organisers on the front of the vest.

#### CHIP TIMING

A timing chip will be attached to the front of the 21,1km,10km and 5km Championship race numbers which must not be removed or damaged. The timing chip must be visible when crossing the mats at the finish line. The entry form and race number information are linked to the timing chip. No Chip, no results. Chip for Champs Race number?

### PRIZE GIVING & SPOT PRIZES

Prize giving will take place at the venue when all categories are in.

## **RESULTS**

Preliminary results are available within 48hrs at results.finishtime.co.za. Official results are available after five days at www.raceresults.co.za

# RULES & GENERALINFORMATION

### TOG BAGS

At owner's risk. Tog bag facilities are available at the venue.

### GENERAL

The 21,1km and 10km routes are single-lap routes. Distance markers are displayed every km.

Refreshment stations are approximately 3km apart. Dispose of cups and water sachets in the recycling bins at the refreshment stations.

Medical support is provided along routes and at the venue.

Fast foods and refreshments are on sale at the venue.

Only official and accredited vehicles can park at the Finish and the club sites.

Please set up club gazebos on the Friday before race day. Security will be deployed at the venue.

The entry fee is non-refundable.

Toilet facilities will be available at the venue.

## PRICING

**HOKA HALF - R399** excl temp License [Entry includes exclusive HOKA HALF merchandise, a R1000 HOKA shoe voucher, a goodie bag, a timing chip, access to the HOKA HALF RunFest and a HOKA HALF Medal]

**HALF A HALF - R299** excl temp License [Entry includes exclusive HOKA HALF merchandise, a R1000 HOKA shoe voucher, a goodie bag, a timing chip, access to the HOKA HALF RunFest and a HOKA HALF Medal]

**FUNRUN - R199** [Entry includes exclusive HOKA HALF merchandise, a R1000 HOKA shoe voucher, a goodie bag, a timing chip, access to the HOKA HALF RunFest and a HOKA HALF Medal]

**5KM CHAMPS - FREE ENTRY** [Entry includes a timing chip, access to the HOKA HALF RunFest and a HOKA HALF Medal]

Note: Temporary license fees are an additional R70 and required for participants without a valid ASA License.

# PRIZES

## 21.1KM (MEN & WOMEN)

Position	Open	40-49yrs	50-59yrs	60-69yrs	<b>70-79yrs</b>	80+	Juniors
1st	R 20 0 0	R 500	R 400	R 20 0	R 20 0	R 20 0	R 20 0
2n d	R 1500	R 400	R300	N/A	N/A	N/A	N/A
3rd	R 1000	R300	R 20 0	N/A	N/A	N/A	N/A
4t h	R 500	N/A	N/A	N/A	N/A	N/A	N/A
5th	R 400	N/A	N/A	N/A	N/A	N/A	N/A

# 10KM (MEN & WOMEN)

Position	Open	40-49yrs	50-59yrs	60-69yrs	<b>70-79yrs</b>	Junior
1st	R 500	R 300	R 20 0	R 20 0	R 20 0	R 1000
2n d	R300	R 20 0	R 100	N/A	N/A	N/A
3rd	R 20 0	N/A	N/A	N/A	N/A	N/A

## 5KM CHAMPS (MEN & WOMEN)

Position	Open	40-49yrs	50-59yrs	60-69yrs	70+	Junior
1st	R 1500	R 1000	R 1000	R 1000	R 1000	R 1000
2n d	R 1000	R 8 0 0	R 800	R 8 0 0	R 8 0 0	R 800
3rd	R 800	R 500	R 500	R 500	R 500	R 500

## WALKERS (MEN & WOMEN)

Route	1st	<b>2</b> nd
21.1km	R 30 0	R 20 0
10 km	R 20 0	R 100

# GENERALINFORMATION

### **EVENT SCHEDULE**

Distance	Start Time	Cut-Off Time	Minimun Age	Prize Giving
21.2km	06h00	3hrs	16yrs	09h00
10 km	06h00	2hrs	14yrs	09h00
5km Champs	06h10	35 mins	9yrs	07h30
5km	06h20	2hrs	9 y r s	

### MEDAL INFORMATION

	21.1km	10 km	5km Champs	5km Fun Run
Standard Medal	All finishers within cut-off times.			

#### ENTRY INSTRUCTIONS

- Pre-entries close on 28 April 2025 and can only be online at www.hokahalf.co.za
- No late or on the day entries

## RACE NUMBER AND GOODIE BAG COLLECTION

Race numbers and temporary license numbers (if applicable) should be collected on the following days at the respective locations:

- Thursday: 1 May, 12:00-18:00 at The Village Walk, Hazelwood.
- Friday: 2 May, 12:00-18:00 at The Village Walk, Hazelwood.
- No late or on the day collection





## HOSTING CLUBS IN COLLABORATION:







uRun, Ruhan +27 68 606 3369 & Willebeer, Willem +27 82 442 7477



FOR ENQUIRIES, CONTACT INFO@HOKAHALF.CO.ZA

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